

# **New Patient Registration Information**

## FINANCIAL POLICY

White Oak Psychiatric Associates wants to provide our community with behavioral health services and, at the same time, keep costs under control. To do this, we need your help. We ask you to read our payment policy listed below.

- Your bill is based on the services you received. You are responsible for paying the bill if your insurance company does not cover all the costs.
- What your health insurance covers is based on an agreement between the company, or person who employs you, and the insurance company.
- You need to contact your insurance company with any questions about what they will cover.
- We know that temporary financial problems can sometimes prevent you from making a payment to your account on time. If this happens, you need to contact us at (816) 886-2184 at once so we can help you with this problem. White Oak Psychiatric Associates will help arrange a budget plan.
- No Show fees are assessed at \$50.00, Cancellations within 24 hours of appointment are assessed at \$40.00.

### IF YOU DO NOT HAVE HEALTH INSURANCE

#### Your Responsibility

- You must pay your entire bill at the time of service or inform us of your inability to pay.

#### Our Responsibility

- White Oak Psychiatric Associates will provide the services you need once a payment arrangement has been made.

### IF YOU HAVE HEALTH INSURANCE

We participate with many insurance companies. This means we have signed a contract with them to provide care for the people they cover. The contracts are not all the same, and certain services may not be covered depending on your health benefits.

If we DO participate with your insurance plan (including Medicare):

#### Your Responsibility

- You must pay any co-payment at the time you receive the service.
- You must pay any deductible amount or any amount that you know is not covered at the time of service.
- You must pay the amount not paid by your insurance within 18 days of getting your bill.

#### Our Responsibility

- We will send a bill to your insurance company for all services done in our offices.

If we DO NOT participate with your insurance plan:

#### Your Responsibility

- You must pay for the service at the time it is given.
- We accept cash, VISA, MasterCard, Discover, money orders and bank drafts.

## STATEMENT OF FINANCIAL RESPONSIBILITY

The patient who receives care and treatment from White Oak Psychiatric Associates must pay any charges that are not paid by insurance or any other party.

Other providers, such as the laboratory, will bill the patient separately.

The patient must pay any amount not paid by insurance within 18 days of getting the bill. If White Oak Psychiatric Associates needs to use a collection agency or attorney to collect the unpaid amount, the patient may be charged for all fees and costs to White Oak Psychiatric Services by the agency or attorney.

## ORGANIZATIONS FROM WHICH YOU MAY RECEIVE A BILL

White Oak Psychiatric Associates – Infinite Billing Solutions

(816) 533-1808

**Patient Information – White Oak Psychiatric Services**

Today's Date: \_\_\_\_\_ Email \_\_\_\_\_

Legal Name \_\_\_\_\_ Sex: M or F Date of Birth \_\_\_\_\_

Preferred Name (If different than legal name) \_\_\_\_\_ Social Security \_\_\_\_\_

Address \_\_\_\_\_ City, State Zip \_\_\_\_\_

Primary Number (Cell Phone/Home Phone) \_\_\_\_\_ Relation (If not the patient) \_\_\_\_\_

In case of an emergency who should be notified? \_\_\_\_\_ Phone \_\_\_\_\_

**Primary Insurance**

Person Responsible for Account \_\_\_\_\_ Date of Birth \_\_\_\_\_

Relation to Patient \_\_\_\_\_ Phone \_\_\_\_\_

Insurance Company \_\_\_\_\_ Subscriber ID \_\_\_\_\_

Group Number \_\_\_\_\_

**Additional Insurance**

Person Responsible for Account \_\_\_\_\_ Date of Birth \_\_\_\_\_

Relation to Patient \_\_\_\_\_ Phone \_\_\_\_\_

Insurance Company \_\_\_\_\_ Subscriber ID \_\_\_\_\_

Group Number \_\_\_\_\_

**Assignment and Release**

*I certify that I, and/or my dependent(s), have insurance coverage with \_\_\_\_\_ and assign directly to White Oak Psychiatric Services all insurance benefit. I understand that I am financially responsible for all charges whether or not paid by insurance. I authorize the use of my signature on all insurance submissions.*

*White Oak Psychiatric Services may use my healthcare information and may disclose such information to the above-named Insurance Company(ies) and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services. This consent will end when my current treatment plan is completed or one year from the date signed below.*

\_\_\_\_\_  
*Signature of Patient, Parent/Guardian, or Personal Representative*

\_\_\_\_\_  
*Please Print Name of Patient, Parent/Guardian, or Personal Representative*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Relationship to Patient*

**HIPAA NOTICES OF PRIVACY PRACTICES**

All specialists are required by law to maintain the privacy of your health information and provide you with notice of our legal duties and privacy practices with respect to your health information. A copy of the WOPS privacy practices is available to you upon request.

\_\_\_\_\_  
*(Signature of Patient, Parent/Guardian, or Personal Representative)*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Print Name*

**PATIENT CONSENT FOR RELEASE OF MEDICAL INFORMATION**

In order to protect your confidentiality and to comply with government regulations (HIPAA). WOPS is required to obtain authorization from you in order to leave messages and/or provide information regarding your care with any person(s) other than you.

Please list any individual that we may release information regarding you, your mental treatment, and your history. It is not necessary to list physicians, only family members or friends.

\_\_\_\_\_  
*Name*

\_\_\_\_\_  
*Relationship*

\_\_\_\_\_  
*Name*

\_\_\_\_\_  
*Relationship*

\_\_\_\_\_  
*Name*

\_\_\_\_\_  
*Relationship*

I give consent to the physicians and staff of WOPS to leave messages or discuss scheduling, appointments, treatment, prescriptions, and other information regarding my care as follows:

Home Phone: Answering Machine or Voice mail	Circle	YES	NO
Cell Phone: Answering Machine or Voice mail	Circle	YES	NO
Work Phone: Answering Machine or Voice mail	Circle	YES	NO

## YOUR RIGHTS AND RESPONSIBILITIES AS A CLIENT OF WHITE OAK PSYCHIATRIC ASSOCIATES

Welcome to White Oak Psychiatric Associates.

We hope that we can give you the kind of support and help that you are looking for.

### When you receive services from White Oak Psychiatric Associates you have the right to:

- Receive high-quality service
- Be treated with respect and courtesy
- Have your information kept private and confidential except as described in White Oak Psychiatric Associates *privacy statement*
- Be listened to and have staff work with you to make a plan to address your concerns and needs
- Receive service in offices that are safe, clean, and accessible
- Get information and support to help you make decisions to improve your situation
- Be served without discrimination
- Discuss your service with staff to identify if it is working for you and express any questions or complaints that you may have
- Request a change of provider if there is another provider available who can address your issues and your request is reasonable -- you should know that discriminatory requests will not be considered

### This is what we ask from you:

- Treat the staff and others at White Oak Psychiatric Associates with courtesy and respect
- Let White Oak Psychiatric Associates staff know 24 hours before if you cannot come to an appointment.
- Let White Oak Psychiatric Associates staff know if you have any complaints or concerns.

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*Signature of Patient, Parent/Guardian, or Personal Representative*

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*Date*

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*Printed Name*

**PATIENT HEALTH HISTORY QUESTIONNAIRE**

Primary Care Physician: \_\_\_\_\_ Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

Previous Psychiatrist: \_\_\_\_\_ Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

List all prescriptions and over-the-counter medications, supplements, and vitamins you take including the dose and strength:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

List all previously tried medication and reason for no longer taking it:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Allergies: \_\_\_\_\_

Current Pharmacy: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Latex Allergy: Yes / No

**PAST MEDICAL HISTORY**

Do you have now, or have you ever had any of the following?

Heart Disease	Yes	No	Hyperthyroidism	Yes	No	Concussions	Yes	No
Heart Attack	Yes	No	Hypothyroidism	Yes	No	Seizures	Yes	No
Heart Arrhythmia	Yes	No	Kidney Stones	Yes	No	Fractures	Yes	No
Atrial Fibrillation	Yes	No	Kidney Disease	Yes	No			
Congestive Heart Failure	Yes	No	Stroke	Yes	No			
Hypertension	Yes	No	Gallbladder Disease	Yes	No			
Vascular Disease	Yes	No	Anemia	Yes	No			
Diabetes	Yes	No	Chronic Back Pain	Yes	No			
Insulin Dependent	Yes	No	Rheumatoid Arthritis	Yes	No			
High Cholesterol	Yes	No	Lyme Disease	Yes	No			
Lung Disease	Yes	No	Psoriasis	Yes	No			
Asthma	Yes	No	Colitis	Yes	No			
Reflux Disease (GERD)	Yes	No	Osteoporosis	Yes	No			
Ulcers	Yes	No	Neuropathy	Yes	No			
Cancer (location) _____	Yes	No	Fibromyalgia	Yes	No			
Blood Clots (DVT or PE)	Yes	No	COVID	Yes	No			

Other: \_\_\_\_\_

\_\_\_\_\_

## SCHOOL/SOCIAL HISTORY

School Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Your personal habits: Do you?

Exercise Regularly	Yes	No	Circle One	Circle One
Smoke/Vape or use tobacco	Yes	No	Tobacco (Smoke/Chew)	Vape (Nicotine/Cannabis/CBD/Flavors)
If Yes				
How many times a day: _____				
Started Use: _____	Last Used: _____			
Used Marijuana	Yes	No		
If Yes				
Started Use: _____	Last Used: _____			
Use CBD (Liquid or Edible)	Yes	No		
Have exposure to secondary smoke	Yes	No		
Drink Alcohol	Yes	No		
How many times a week: _____				
Started Drinking: _____	Last Drink: _____			
Recent Tick Bites	Yes	No		

<u>Do you have a family history of?</u>	Relationship	Maternal/Paternal (M/P)	Medication for Condition
Includes Parents, Siblings, Grandparents, Aunts, Uncles, Cousins, Etc.			
Depression	Yes No	_____	_____
Suicide Attempts	Yes No	_____	_____
Anxiety	Yes No	_____	_____
ADHD	Yes No	_____	_____
Other Learning Disorder	Yes No	_____	_____
Please Specify: _____			
Bipolar Disease	Yes No	_____	_____
Schizophrenia	Yes No	_____	_____
Autism	Yes No	_____	_____
OCD	Yes No	_____	_____
Tourette Syndrome	Yes No	_____	_____
Substance Use	Yes No	_____	_____
• Smoker	Yes No	_____	_____
• Alcohol	Yes No	_____	_____
• Cannabis	Yes No	_____	_____
• CBD	Yes No	_____	_____
Other Substance Name: _____		_____	_____
Birth Defects	Yes No	_____	_____
SIDS	Yes No	_____	_____



			Relationship	Maternal/Paternal (M/P)
Dementia	Yes	No	_____	_____
Movement Disorder	Yes	No	_____	_____
Sudden death	Yes	No	_____	_____
Heart Attacks	Yes	No	_____	_____
Pacemaker	Yes	No	_____	_____
Early Death	Yes	No	_____	_____
Down's Syndrome	Yes	No	_____	_____
Genetic Disorder	Yes	No	_____	_____
Miscarriage	Yes	No	_____	_____
Thyroid Disease	Yes	No	_____	_____
Blood Clots	Yes	No	_____	_____
Sleep Apnea	Yes	No	_____	_____
Heart Disease	Yes	No	_____	_____
High Blood Pressure	Yes	No	_____	_____
Diabetes	Yes	No	_____	_____
High Cholesterol	Yes	No	_____	_____
Stroke	Yes	No	_____	_____
Cancer	Yes	No	_____	_____
Other	Yes	No	_____	_____
Please Specify: _____			_____	_____
_____			_____	_____
_____			_____	_____

**PAST SURGICAL HISTORY**

Please list any operations you have had:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**MEDICATION PRIOR-AUTHORIZATIONS**  
**(PLEASE READ)**

Due to the overwhelming increase of medication prior authorizations from insurance companies, we require your assistance in the prior authorization process. One phone call, to attempt to complete a prior authorization, takes in excess of 30 minutes to complete. The volume of PA's we receive daily makes this an impossible task. For this reason, any medication for which your insurance company requires a prior authorization, we ask you to do either of the following:

- 1: **Cover My Meds:** Cover My Meds is the preferred method... Ask either your insurance company or pharmacy to send us the correct medication/insurance PA form through Cover My Meds. Upon arrival, we will complete the PA. This is the most efficient method and outcomes are generally received within the same day.
- 2: **Call our office:** Report to the office staff that your insurance company requires a PA. Ensure we have a copy of your correct insurance card and your pharmacy number. If we do not have the correct insurance card, email a correct copy to whiteoak@whiteoakpsych.com immediately.

Any medication that can be purchased using a Good RX card or other pharmacy discount card reducing the cost of the medication to \$25.00 or less will be excluded from the PA process.

With your help, we can improve the timeliness of completing prior authorizations, ultimately getting your medications approved in the most efficient way possible.

**MEDICATION REFILL REQUESTS**

Most refills should be completed at the patient's visit. In the event that you need a refill, we request you to call our office rather than the pharmacy. Refills that are required because you missed an appointment and failed to inform White Oak Psychiatric Services will be assessed a \$50.00 refill charge.

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*I understand and agree to the above policies*

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*Print patient name*

**REVIEW OF SYSTEMS**

Have you recently been troubled with any of the following symptoms?

Backache	Yes	No	Bloody Sputum	Yes	No
Leg Pain	Yes	No	Indigestion	Yes	No
Painful Joints	Yes	No	Abdominal Pain	Yes	No
Headaches	Yes	No	Diarrhea	Yes	No
Double Vision	Yes	No	Constipation	Yes	No
Difficulty Swallowing	Yes	No	Change in Bowel Habits	Yes	No
Hoarseness	Yes	No	Slow Urine Stream	Yes	No
Nosebleeds	Yes	No	Abnormal Bleeding	Yes	No
Shortness of Breath	Yes	No	Blood in Stool	Yes	No
Dizziness	Yes	No	Pus in Urine	Yes	No
Chest Pain/Pressure	Yes	No	Yellow Jaundice	Yes	No
Irregular Heartbeat	Yes	No	Depression/Anxiety	Yes	No
Swelling of Feet	Yes	No	Weight Gain	Yes	No
Cough/Cold	Yes	No	How many pounds	_____	
Wheezing	Yes	No	Weight Loss	Yes	No
Vomited Blood	Yes	No	How many pounds	_____	
Sore throat	Yes	No	Fever	Yes	No
Rash	Yes	No	Dry Skin	Yes	No
Clammy skin	Yes	No	Palpitations	Yes	No
Cold/Heat intolerance	Yes	No			

# PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the <u>last 2 weeks</u> , how often have you been bothered by any of the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

FOR OFFICE CODING   0   +        +        +         
=Total Score:       

If you circled any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult  
at all

Somewhat  
difficult

Very  
difficult

Extremely  
difficult

Developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke, and colleagues, with an educational grant from Pfizer Inc. No permission required to reproduce, translate, display, or distribute.

IF YOU HAVE EVER SMOKED

The HONC

	No	Yes
1. Have you ever tried to quit but could not?		
2. Do you smoke now because it is really hard to quit?		
3. Have you ever felt like you were addicted to tobacco?		
4. Do you ever have strong cravings to smoke?		
5. Have you ever felt like you really needed a cigarette?		
6. Is it hard to keep from smoking in places where you are not supposed to?		
<b>When you have not used tobacco for a while or when you tried to stop smoking</b>		
7. Did you find it hard to concentrate because you could not smoke?		
8. Did you feel more irritable because you could not smoke?		
9. Did you feel a strong need or urge to smoke?		
10. Did you feel nervous, restless, or anxious because you could not smoke?		

# AUDIT

PATIENT: Because alcohol use can affect your health and can interfere with certain medications and treatments, it is important that we ask some questions about your use of alcohol. Your answers will remain confidential, so please be honest.

For each question in the chart below, place an X in one box that best describes your answer.

NOTE: In the U.S., a single drink serving contains about 14 grams of ethanol or “pure” alcohol. Although the drinks below are different sizes, each one contains the same amount of pure alcohol and counts as a single drink:


**12 oz. of beer**  
 (about 5% alcohol)
 = 
 
**8-9 oz. of malt liquor**  
 (about 7% alcohol)
 = 
 
**5 oz. of wine**  
 (about 12% alcohol)
 = 
 
**1.5 oz. of hard liquor**  
 (about 40% alcohol)

Questions	0	1	2	3	4	
1. How often do you have a drink containing alcohol?	Never	Monthly or less	2 to 4 times a month	2 to 3 times a week	4 or more times a week	
2. How many drinks containing alcohol do you have on a typical day when you are drinking?	1 or 2	3 or 4	5 or 6	7 to 9	10 or more	
3. How often do you have 5 or more drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
4. How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
5. How often during the last year have you failed to do what was normally expected of you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
7. How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
8. How often during the last year have you been unable to remember what happened the night before because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
9. Have you or someone else been injured because of your drinking?	No		Yes, but not in the last year		Yes, during the last year	
10. Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	No		Yes, but not in the last year		Yes, during the last year	
					<b>Total</b>	

Note: This questionnaire (the AUDIT) is reprinted with permission from the World Health Organization. To reflect drink serving sizes in the United States (14g of pure alcohol), the number of drinks in question 3 was changed from 6 to 5. A free AUDIT manual with guidelines for use in primary care settings is available online at [www.who.org](http://www.who.org).